



USAG – FS/HAAF Safety Gram

Sustaining, Supporting, and Defending Safety Excellence



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Super Bowl Safety Tips

FEB 16

Pass Your Keys to a Sober, Designated Driver Before the Super Bowl Begins

- Super Bowl Sunday is one of the year's most dangerous days on the nation's roadways due to impaired driving.
- According to the National Highway Traffic Safety Administration (NHTSA), 130 people, representing 39 percent of all traffic fatalities, died during the 2006 Super Bowl weekend in crashes involving impaired drivers with blood alcohol concentration (BAC) levels of .08 or higher.
- NHTSA reports that young males, ages 21 to 34, are most likely to be involved in automobile crashes, to drive while impaired and to be among those least likely to wear their safety belts. Research also shows that this same demographic is the core audience for major sporting events such as the Super Bowl.
- But alcohol-related crashes – and fatalities – can be prevented. Designating a sober driver before the Super Bowl party begins is just one of several easy steps to remember to help save lives.

If you are attending a Super Bowl party, watching at a sports bar, or restaurant:

- Avoid drinking too much alcohol too fast. Pace yourself – eat enough food, take breaks and alternate with non-alcoholic drinks.
- Designate your sober driver before the party begins and give that person your car keys.
- If you don't have a designated driver, ask a sober friend for a ride home; call a cab, friend or family member to come get you; or stay where you are and sleep it off until you are sober.
- Never let a friend leave your sight if you think they are about to drive while impaired. Remember, *Fans Don't Let Fans Drive Drunk.*
- Always buckle up – it's still your best defense against other impaired drivers.



Manage The Risk – Protect The Force For additional information contact: Your Unit Addition Duty Safety Officer (ADSO) or Collateral Duty Safety Person (CDSP), or USAG Installation Safety Office: Fort Stewart Office @ 912-767-6541; Hunter Army Airfield Office @ 912-345-4901.